**Peninsula GP School Out of Hours Schedule of Evidence**

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| **ST1 and ST2** |
| OOH Sessions | Date | Log Number |
| Session 1 [Red] |  |  |
| Session 2 [Red] |  |  |
| Other logs in st1/2 reflecting on OOH work |  |  |
| **ST3** |
| Session 1 [Green] |  |  |
| Session 2 [Green] |  |  |
| Session 3 [Green] |  |  |
| Session 4 [Green] |  |  |
| Session 5 [Green] |  |  |
| Session 6 [Green] |  |  |
| Logs on any other OOH shifts |  |  |
| **Competencies** |
| Competence | Date | Log Number |
| 1.Ability to manage common medical, surgical and psychiatric emergencies |  |  |
| 2.Understanding of the organisational aspects of NHS OOH care |  |  |
| 3.Ability to make appropriate referrals to hospital and other professionals in the OOH setting |  |  |
| 4.Demonstration of communication skills required for OOH care |  |  |
| 5.Individual time and stress management |  |  |
| 6.Maintenance of personal security and awareness and management of the security risks to others |  |  |
| Reflective log on OOH experience |  |  |