# GPST RECORD OF OUT OF HOURS SESSION

**Trainee: Email contact:**

**Trainer: Email contact:**

**Session No.  Date: Duration: Location:**

**Supervisor: Sessions no. with supervisor:**

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| **Stage of training** (*please circle)*:  ST3 EXT\*  ST4  Red  Amber  Green  ST3  ST1/2  **Trainer comment:**  \*denotes Trainee requiring additional training time. Trainer comments must be read by Supervisor before shift |

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| **Type of session** *(Base/TC; Mobile; Telephone triage; Minor injuries centre; Other)* **and No. of this type of session** |
| **Type of cases seen/Significant events** |
| Competencies demonstrated (See overleaf for details) **What learning has emerged/new learning needs identified (to be discussed with Trainer at debrief)?** |
| Feedback from Trainee: What was good about the session/your supervision? **How might it be improved?** |

**Signature of Supervisor: Signature of Trainee: Signature of Trainer:**

**GUIDANCE**

GP Trainers should regularly re-evaluate the level of supervision required by the GPST (this is crucial for those trainees undergoing remedial extensions to their training), and record this on the OOH sheet with comments **before** each OOH session. The level of supervision will be dependent on the learning environment but the following structure is suggested:

**Direct supervision (RED)** the GPST is supervised directly by the clinical supervisor and takes no clinical responsibility.

**Close supervision (AMBER)** the GPST consults independently but with the clinical supervisor close at hand.

**Remote supervision (GREEN)** the GPST consults independently and potentially remotely from the OOH Supervisor, who is available by telephone.

The six generic competencies, embedded within the RCGP Curriculum Statement on **‘Care of acutely ill people’**, are defined as the:

1. Ability to manage common medical, surgical and psychiatric emergencies in the out of hours setting.
2. Understanding of the organisational aspects of NHS out of hours care.
3. Ability to make appropriate referrals to hospitals and other professionals in the out of hours setting
4. Demonstration of communication skills required for out of hours care.
5. Individual personal time and stress management.
6. Maintenance of personal security and awareness and management of the security risks to others.

In addition OOH experience often provides an opportunity to cover those aspects of care embraced in the RCGP Curriculum statement on **‘Care of People with Cancer with Palliative Care’**

GP Trainers should ensure that they debrief their GPST following their OOH session as soon as possible, and assess not only the learning made, and further areas for development, but also the quality of the experience of the OOH sessions provided to the GPST. Trainees should be encouraged to balance the type of sessions (TC/Base and Mobile) performed and aim to be supervised by no more than three supervisors during their ST3 year.

All OOH sessions entered into the e-portfolio must be shared and discussed with the Education Supervisor/Trainer. In particular circumstances, the Educational Supervisor/Trainer may choose to ‘validate’ some of these as contributing to workplace-based assessment. In this case, the entry will also be tagged against one of the 12 professional competency areas.

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